St Edward's Catholic Primary School

New Road, Sheerness, Sheppey, Kent, ME12 1BW
☎ 01795 662708/Fax 01795 667261
Email: office@st-edwards-sheerness.kcsp.org.uk

Headteacher: **Mr S Atkinson**

10th November 2026



Dear Parent and Carers,

As we approach the winter months, we would like to take this opportunity to remind families of a few important arrangements to help us keep our children healthy, comfortable and ready to learn throughout the winter period.

Appropriate Clothing

Please ensure that children come to school wearing appropriate winter clothing. We recommend:

- A warm, suitable winter coat.
- A jumper or cardigan to wear over their school uniform.
- Appropriate footwear for wet and cold conditions.
- Additional warm clothing where necessary.

We will continue to provide opportunities for outdoor learning and play wherever possible, so it is important that children are dressed appropriately for the weather. Please ensure that all items of clothing are clearly labelled with your child's name.

Winter Illnesses and Attendance

We encourage children to attend school wherever possible. In line with NHS and UKHSA guidance, children with mild coughs, colds, runny noses, sore throats and headaches are generally expected to attend if they are otherwise well and do not have a high temperature or fever.

Children should remain at home if they have a fever/high temperature or another infectious illness where government guidance recommends a period away from school.

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Medication

We understand that some children may require medication during the school day, particularly during the winter months. Mrs Tinsley will be available to administer any medication after lunch at 1pm. **All** required medication, couch sweets & mental inhalers must be handed directly to Mrs Tinsley via the school office. Written parental consent must be provided and signed upon handover.

Please do not send any medication, couch sweets or mental inhalers into school with your child.

Keeping Our School Environment Safe

We are taking several steps to help reduce the spread of winter illnesses:

- All classrooms will be regularly ventilated to allow fresh air to circulate.
- Our youngest children will be shown how to wash their hands thoroughly, with older children regularly reminded to wash their hands throughout the day.
- Tissues will be available in every classroom and children will be encouraged to use and dispose of them appropriately

By working together, we can help keep our school community healthy and ensure children continue to attend school as regularly as possible.

Thank you, as always, for your continued support and cooperation.

Yours Sincerely,

S. Atkinson

Mr S Atkinson

Headteacher

Mr A Tickner

Assistant Headteacher/Attendance Lead

Guidance links for support:

UKHSA – Public health exclusion periods

UKHSA – A to Z of infectious diseases

NHS – Is my child too ill for school?

St Edward's Catholic Primary School

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NHS

CATCH IT BIN IT KILL IT

Winter Attendance

Together, we can keep our school healthy and well this winter!

Classrooms will be ventilated



Fresh air will be circulated regularly in all classrooms.

Hand wash frequently



Children will be advised to wash their hands frequently.

Tissues in all classrooms



Tissues will be available in every classroom.



Help stop the spread of winter bugs.

CATCH IT • BIN IT • KILL IT

Keep our school community healthy!



Love • Respect • Achieve